

4<sup>th</sup> October 2021

Dear Parents/Carers

**#HelloYellow Day – Friday 8<sup>th</sup> October**

On Friday 8<sup>th</sup> October we will be supporting Young Minds, World Mental Health Day.

The charity YoungMinds is calling on schools, offices and communities across the country to take part in #HelloYellow to show young people they're not alone with their mental health.

As part of the day, thousands of adults, children and young people will wear something yellow to spread the word that, whatever you're going through, you can talk to someone if you're struggling to cope. More information on #HelloYellow can be found at <https://www.youngminds.org.uk/support-us/fundraising/>

If possible, can your child please wear yellow on Friday, this could be just a pair of socks or a full outfit of yellow. If this is not possible then non-uniform is fine. We will be having a well-being afternoon with a variety of lessons and activities for the children focusing on mental wellbeing.

We apologise for the short notice, but I'm sure you will agree with us this is an important issue.

Kind regards

Sharon Hatton  
Principal