

## Week One



30<sup>th</sup> Aug, 20<sup>th</sup> Sept, 11<sup>th</sup> Oct, 1<sup>st</sup> Nov, 22<sup>nd</sup> Nov, 13<sup>th</sup> Dec, 3<sup>rd</sup> Jan, 24<sup>th</sup> Jan.

### Choose a main meal...

Cheese & Tomato Pizza with Dough Balls 'v'  
Veggie Korma with Rice 'v'  
Pasta in a Tomato sauce 'v'  
Jacket Potato with Baked Beans 'v'  
Ham or Cheese 'v' Sandwich

### on the side...

Seasonal Vegetables  
**for dessert...**  
Raspberry Ripple Ice Cream,  
Fresh Fruit or Yoghurt

Monday

### Choose a main meal...

Jerk Chicken with Rice & Peas  
Macaroni Cheese 'v'  
Pasta in a Tomato sauce 'v'  
Jacket Potato with Grated Cheese 'v'  
Ham or Cheese 'v' Sandwich

### on the side...

Seasonal Vegetables  
**for dessert...**  
Orange Drizzle Cake,  
Fresh Fruit or Yoghurt

Tuesday

### Choose a main meal...

Roast Chicken & Gravy  
Quorn Roast & Gravy 'v'  
Jacket Potato with Salmon Mayo  
Pasta in a Tomato sauce 'v'  
Ham or Cheese 'v' Sandwich

### on the side...

Roast Potatoes  
Seasonal Vegetables  
**for dessert...**  
Shortbread Biscuit with  
Fruit Slices,  
Fresh Fruit or Yoghurt

Wednesday

### Choose a main meal...

Beef Meatballs in Tomato Sauce with Pasta  
Hotdog with Potato Wedges 'v'  
Jacket Potato with Baked Beans 'v'  
Pasta in a Tomato sauce 'v'  
Ham or Cheese 'v' Sandwich

### on the side...

Seasonal Vegetables  
**for dessert...**  
Pineapple Upside  
Down Cake with  
Custard, Fresh fruit or  
Yoghurt

Thursday

### Choose a main meal...

Golden Fish Fingers  
Quorn Nuggets 'v'  
Jacket Potato with Grated Cheese 'v'  
Pasta in a Tomato sauce 'v'  
Ham or Cheese 'v' Sandwich

### on the side...

Chips,  
Baked Beans, Peas  
**for dessert...**  
Chocolate & Raspberry  
Swirl Cake, Fresh Fruit  
or Yoghurt

Friday

## Week Two

# WORLABY ACADEMY

6<sup>th</sup> Sept, 27<sup>th</sup> Sept, 18<sup>th</sup> Oct,  
8<sup>th</sup> Nov, 29<sup>th</sup> Nov, 10<sup>th</sup> Jan,  
31<sup>st</sup> Jan.

### Choose a main meal...

Cheese & Tomato Pizza with Dough Balls 'v'  
Veggie Bolognese 'v'  
Jacket Potato with Tuna Mayo  
Pasta in a Tomato sauce 'v'  
Ham or Cheese 'v' Sandwich

### on the side...

Seasonal Vegetables  
**for dessert...**  
Apple & Berry Crumble  
with Custard,  
Fresh Fruit or Yoghurt

Monday

### Choose a main meal...

Pork Sausages & Mashed Potatoes  
Oodles of Noodles 'v'  
Jacket Potato with Baked Beans 'v'  
Pasta in a Tomato sauce 'v'  
Ham or Cheese 'v' Sandwich

### on the side...

Seasonal Vegetables  
**for dessert...**  
Orange Shortbread with  
Fruit Slices,  
Fresh Fruit or Yoghurt

Tuesday

### Choose a main meal...

Roast Turkey with Gravy  
Creamy Vegetable Pie with Gravy 'v'  
Jacket Potato with Grated Cheese 'v'  
Pasta in a Tomato sauce 'v'  
Ham or Cheese 'v' Sandwich

### on the side...

Roast Potatoes,  
Seasonal Vegetables  
**for dessert...**  
Crunchie Chocolate Biscuit,  
Fresh Fruit or Yoghurt

Wednesday

### Choose a main meal...

Cottage Pie with Gravy  
Veggie Balls in Tomato Sauce with Pasta 'v'  
Jacket Potato with Baked Beans 'v'  
Pasta in a Tomato sauce 'v'  
Ham or Cheese 'v' Sandwich

### on the side...

Seasonal Vegetables  
**for dessert...**  
Raspberry Ripple Cake,  
Fresh Fruit or Yoghurt

Thursday

### Choose a main meal...

Golden Fish Fingers  
Tomato Veggie Burger 'v'  
Jacket Potato with Grated Cheese 'v'  
Pasta in a Tomato sauce 'v'  
Ham or Cheese 'v' Sandwich

### on the side...

Chips,  
Peas, Baked Beans  
**for dessert...**  
Vanilla Ice Cream,  
Fresh Fruit or Yoghurt

Friday

## Week Three

13<sup>th</sup> Sept, 4<sup>th</sup> Oct, 15<sup>th</sup> Nov,  
6<sup>th</sup> Dec, 17<sup>th</sup> Jan, 7<sup>th</sup> Feb.

### Choose a main meal...

Cheese & Tomato Pizza with Dough Balls 'v'  
Veggie Sausages with Mashed Potatoes & Gravy 'v'  
Jacket Potato with Baked Beans 'v'  
Pasta in a Tomato sauce 'v'  
Ham or Cheese 'v' Sandwich

### on the side...

Seasonal Vegetables  
**for dessert...**  
Oatie Biscuit with Fruit  
Slices,  
Fresh Fruit or Yoghurt

Monday

### Choose a main meal...

Garlicky Chicken with Spanish Spuds  
Macaroni Cheese 'v'  
Jacket Potato with Grated Cheese 'v'  
Pasta in a Tomato sauce 'v'  
Ham or Cheese 'v' Sandwich

### on the side...

Seasonal Vegetables  
**for dessert...**  
Pineapple & Peach Crumble  
with Custard  
Fresh Fruit or Yoghurt

Tuesday

### Choose a main meal...

Roast Chicken & Gravy  
Butternut Squash & Potato Pastry  
Slice 'v'  
Jacket Potato with Tuna Mayo  
Pasta in a Tomato sauce 'v'  
Ham or Cheese 'v' Sandwich

### on the side...

Roast Potatoes,  
Seasonal Vegetables  
**for dessert...**  
Strawberry Ice Cream,  
Fresh Fruit or Yoghurt

Wednesday

### Choose a main meal...

Beef Bolognese with Pasta  
Veggie Lasagne with Garlic Bread 'v'  
Jacket Potato with Baked Beans 'v'  
Pasta in a Tomato sauce 'v'  
Ham or Cheese 'v' Sandwich

### on the side...

Seasonal Vegetables  
**for dessert...**  
Chocolate Sponge Cake,  
Fresh Fruit or Yoghurt

Thursday

### Choose a main meal...

Southern Fried Chicken Tasters  
Soft Chilli Taco 'v'  
Jacket Potato with Grated Cheese 'v'  
Pasta in a Tomato sauce 'v'  
Ham or Cheese 'v' Sandwich

### on the side...

Chips  
Baked Beans, Peas  
**for dessert...**  
Crispy Snow Bar,  
Fresh Fruit or Yoghurt

Friday

Although our menus are nut free (excluding coconut) we cannot guarantee against airborne traces. Please contact our customer service desk for more information. Please note products on this menu may be subject to change due to certain circumstances, we will notify your school prior to any changes.  
'v' = Vegetarian

## SANDWICH OPTION

IS SERVED WITH  
CRUDITIES, FRUIT &  
DESSERT



Remember to keep  
hydrated

LOOK OUT FOR OUR  
THEME DAYS



Chartwells  
EAT | LEARN | LIVE

# AUTUMN & WINTER 2021