

20<sup>th</sup> July 2021

**Dear Parent/Carer**

**Summer holiday physical activity:**

After a very difficult 18 months due to the COVID 19 pandemic, it is vital we continue to ensure our children remain physically active over the summer to maintain physical and emotional health.

Many of you will recall during Lockdown 3 (January-March) we completed a whole school active challenge, covering the miles from John O'Groats to Land's End and much more! It ensured we were physically active and gave us a sense of working together, although we were working remotely.

Over the summer holidays I would like to promote a further challenge, recording mileage you complete each week, whether walking, running, cycling, scooting (anything as long as you are being physically active and can record the mileage.) Please keep a record of your distance and return the details to school in September, where I will plot a route on a map of the United Kingdom of our collective distance covered. You could tweet us to show us your activities.

**After school golf:**

I am delighted to let you know that after a successful taster of different sports during sports week, we will be offering a Golf after school club in the Autumn term. This will be with Dane Duffin, one of the professionals from Elsham Golf Club who ran the taster day. Elsham Golf Club have a very successful junior section with one of the largest in the county,

The afterschool club will run for 5 weeks, 4 held at Worlaby, with the final session held just down the road at Elsham golf club. There will not be a cost, but you will need to transport your child to the golf club for the final session.

Details of days and times will be given in the autumn term for your child to sign up, but further information about the junior section at Elsham will be sent home in a leaflet.

Yours sincerely

Mrs Clark  
PE Lead